

Hi

Thank you for signing up for Adoration of the Blessed Sacrament and committing to. We welcome you. We are attaching the current Adoration Guidelines. Please, read, and study them; let us know if you have any questions.

If you are unable to come to your hour(s), please get a sub. We will help you to get a sub. Just email or text one of us and we will make it happen. You can also ask a friend to sub for you, just let us know.

Most Adoration information (subs requests, important info, etc) comes through flocknotes. Please read flocknotes and respond. If you need help with flocknotes, contact Tina.

Blessings

Bernie and Tina

Coordinators

Adoration Guidelines Updated Oct 2025

Roster, sub needs, and guidelines are posted on the chapel bulletin board.
Adorers phone numbers are in the sign-in book

Thank you, for sharing in this grace-filled Liturgy of adoring Jesus in the Blessed Sacrament. Please, follow these guidelines, which are centered on your commitment, as well as, the respect for and the security of the Eucharist. Questions? Don't hesitate to contact **Bernie Wittgens, 206-427-6085 or Tina Nold, 206-715-8462**. Nothing is too trivial.

In case of Emergency: If you see anything suspicious or it is an emergency inside or outside of the building, call 911, SSTM address is 13055 SE 192nd St. Renton, WA 98058. Then call Tom Jones 253-480-7114. Then call Bernie or Tina. If the fire alarm sounds, close the Tabernacle door before leaving building. If the Monstrance is in use, cover it with the cloth located on the credence table before leaving building.

Access to chapel: You are not required to open the chapel side door when someone knocks, however you may allow the person to enter if you feel safe in doing so. Get the person's name, Phone number, and email.

Parking: Current open Church hours are Daily from 8am-8pm. Outside of these hours, please enter through the out-driveway and park in the handicap parking spots and enter through the chapel side door using the door code.

Door code: You have been given the chapel door code. **Do not share code with anyone.** Only Bernie or Tina can provide the code to person needing it.

Sign-in book. Sign in when you arrive and sign out upon leaving. It tells adorers who is or was already there; and tells the team how well adoration is attended and if additional training might be in order.

No shows: Always try to show up on time for your hour. Keep in mind no-shows make it difficult for the person waiting to be relieved. So if the person after you fails to show up, you can call that person. Tel #s are in the sign-in book. Or you may stay an additional hour. Or you may call the next person to come early. Never leave Jesus unattended. If all else fails call Bernie or Tina for help. If you arrive and you find the Blessed Sacrament reposed, contact Bernie or Tina. Or you may spend your time of adoration in front of the Blessed Sacrament in the tabernacle. If you have access to the tabernacle key code you can follow the procedures to expose Jesus.

Unable to keep your appointment? Even if there is another person committed to your hour, always arrange for a substitute by contacting Bernie or Tina. Try not to wait until the last minute. Give your sub a reminder call. Keep in mind no-shows make it difficult for the person waiting to be relieved. If you are a sub, communicate with the person you are relieving. Names and telephone numbers are in the sign-in book.

Reverencing our Lord Jesus: Always genuflect before the Blessed Sacrament in the tabernacle or the monstrance. If you cannot kneel you may bow. It is proper to bow to a crucifix, an altar, or the Lectionary (word of God). When carrying vessels (monstrance, luna, chalice, or ciborium) carry it with the utmost reverence, even if empty. They are, after all, the vessels that carry the body or blood of our Lord Jesus, who is truly present to us.

Restroom break: When you are the sole adorer and need to go to the restroom, cover the monstrance with the cloth from the credence table. If you are adoring with open tabernacle doors, close the doors while in the restroom and open them when you return.

Activities during Adoration: You can read, pray, praise, thank, listen to the Lord, pray the rosary, write, journal, just about anything that brings you peace and closer to the Lord Jesus in the Blessed Sacrament and maintains a quiet atmosphere. Playing private music or singing is discouraged. Please respect others present; most adorers prefer silence during adoration.

Candles and caution: If a candle goes out or otherwise malfunctions do not attempt to remedy the problem (except to extinguish it). Also, do not attempt to replace candles. In all cases contact Bernie or Tina who will take care of any candle issues.